



Cancer rehabilitation inpatient program

Our inpatient cancer rehabilitation program allows you to stay overnight and receive 24/7 support in our friendly and caring environment. You will enjoy the comforts of a boutique facility, nutritional and delicious meals prepared onsite, and a program that incorporates nursing and a mix of allied health disciplines.

Once inpatient therapy is completed, we encourage clients to attend our day rehabilitation program to gain ongoing benefits.



Cancer rehabilitation day program

The cancer rehabilitation day program provides rehabilitation to patients who do not require overnight stays. Day patients participate in individually tailored rehabilitation programs under the direction of a rehabilitation specialist doctor and have access to the hospital's gym and hydrotherapy pool.



Referrals

To benefit from our cancer rehabilitation programs, simply obtain a referral from your GP or treating specialist. Referrals can be made via our website metrorehab.com.au or downloaded and faxed to **02 9564 3064**.

Fees and charges

MetroRehab Hospital has established contracts with all major health insurers and the Department of Veterans' Affairs to help minimise your costs.

In many cases the fee is covered by the health insurer, however we encourage you to check with your fund if any additional charges apply to your health policy.

We also cater to icare participants as well as full-fee paying patients who may not have private health insurance.



For more information please call:
02 8585 4900

metrorehab.com.au



Cancer rehabilitation programs

Tailored to you



Whether you are newly diagnosed with cancer, are currently undergoing or have completed your treatment, MetroRehab Hospital is the trusted place to turn to.

Our rehabilitation programs are tailored to help you to achieve your goals. We take a holistic approach to wellbeing with a multidisciplinary team of caring and skilled clinicians ready to support you to feel strong and empowered.

*Place yourself
in trusted
hands*

MetroRehab is a leading not-for-profit private hospital offering multidisciplinary rehabilitation programs for cancer, neurological and orthopaedic conditions, stroke, reconditioning, pain management and more.

The skilled rehabilitation specialist doctors and allied health clinicians are leaders in their fields, with a reputation for high quality care and exceptional outcomes.

The hospital is proudly owned by Royal Rehab, a leading provider of rehabilitation and disability support services with over 120 years of experience.



Personalised programs

At MetroRehab Hospital, you can access specialised, evidence-based cancer programs personalised to help you achieve your goals.

Our multidisciplinary rehabilitation approach means you benefit from the most appropriate mix of allied health therapies and the combined expertise of our clinicians.

Under the direction of a rehabilitation specialist doctor, your program can include:

- ✓ Rehabilitation nursing care
- ✓ Physiotherapy
- ✓ Occupational therapy
- ✓ Clinical psychology
- ✓ Dietetics
- ✓ Speech therapy
- ✓ Hydrotherapy
- ✓ Music therapy
- ✓ Exercise physiology



What are the benefits?

Our cancer rehabilitation programs are tailored to suit your individual needs and goals. Our cancer programs can support you by:

- ✓ Improving endurance
- ✓ Enhancing movement and flexibility
- ✓ Improving balance
- ✓ Reducing fatigue
- ✓ Strengthening areas of weakness
- ✓ Reducing pain
- ✓ Improving walking
- ✓ Regaining strength & flexibility
- ✓ Releasing joint stiffness
- ✓ Boosting diet and nutrition
- ✓ Improving mental wellbeing



By your side

For our inpatients, we are pleased to provide you with one of our friendly rehab care coordinators to be your regular point of contact throughout your stay. This compassionate clinician will provide support and guidance, and be there to answer any questions you may have regarding your rehabilitation program. It's all part of the caring and personal service you can expect at MetroRehab Hospital.